

Social AFFAIRS™

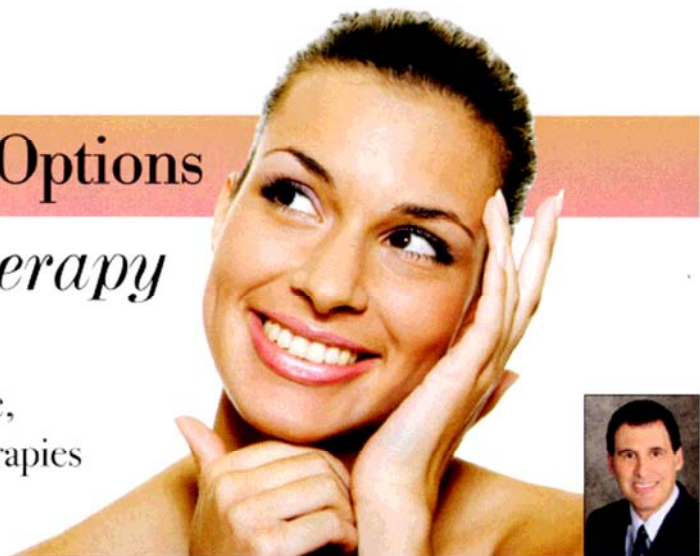
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BEAUTY & HEALTH

Facing Cosmetic Options

Combination Therapy

Utilizing a full range of devices and techniques to effect change, from lasers and light-based therapies to fillers and more.



Mark S. Nestor, Ph.D. and M.D.

In a practice that offers more than 40 advanced cosmetic laser and light devices, the most up-to-date dermal fillers and injectables, and a world-renowned expert in the use of multiple modalities to treat skin conditions, The Center for Cosmetic Enhancement provides a best-of-breed approach to patient care without the downtime, side effects and discomfort associated with traditional plastic surgery.

Headed by world-renowned dermatologist and dermatologic surgeon Mark S. Nestor, M.D., Ph.D., the ultra high-tech facility stands alone in its capacity to provide a depth and breadth of revolutionary treatments simultaneously. Using a multi-disciplined approach called Combination Therapy, Dr. Nestor is able to produce the best possible results for aesthetic and medical patients alike, utilizing a full range of devices and techniques to effect change, from lasers and light-based therapies to fillers and more. In the process, The Center for Cosmetic Enhancement has gained a loyal following and a reputation as one of the top aesthetic centers in the world.

Among the state-of-the-art tools utilized by Dr. Nestor are the Thermage™ and Titan™ tissue tightening systems. Thermage provides a non-surgical facelift by heating the underlying layers of the skin with a unique delivery of radio frequency energy, while protecting the skin's top layer with a cooling spray. The result is immediate contraction of the skin's collagen, which over time will provide the skin with new collagen production. Alternatively, the Titan procedure uses a unique infrared light to contract the skin, thereby producing deep skin tightening on any areas of the body.

PhotoDynamic Therapy is used by Dr. Nestor to treat a wide variety of conditions including acne, rosacea, sun damage, scars, wrinkles, large pores and actinic keratosis, a precursor of skin cancer. With the procedure, a clear, painless topical agent is applied

to the treatment area and then exposed to a specific wavelength of light, which exfoliates the superficial damaged layers of the skin.

Laser treatment options run the spectrum, like the Erbium Laser for treating aging and sun-damaged skin, to Fraxel™, which dramatically improves fine lines, wrinkles, brown spots and acne scars while improving skin texture and pigmentation, or the Erbium Laser, the latest modality for treating aging and sun-damaged skin, to name a couple.

Dr. Nestor often augments these procedures with a number of injectables available in other dermatology and cosmetic surgery practices—among them Botox®, Hylaform, Radiance and Restylane. However, hosting the Center for Clinical and Cosmetic Studies allows the practice to stay on the forefront by conducting clinical research on a variety of new products and techniques.

The Center also offers facial implant procedures, skin-rejuvenating peels, tattoo removal, scar revisions and personalized skin care programs.

With an approach grounded in innovative research, a commitment to focus on both the beauty and health needs of patients, and a multi-discipline, precisely tailored approach to each patient's case, The Center for Cosmetic Enhancement continues to offer its clients appealing alternatives to invasive techniques. SA

Mark S. Nestor M.D., Ph.D. currently serves as president of the American Society for Photodynamic Therapy and is the immediate past president of the International Society of Cosmetic and Laser Surgeons. He is also a voluntary associate professor at the University of Miami Miller School of Medicine. The Center for Cosmetic Enhancement is located at 2925 Aventura Boulevard, Suite 205. For more information please call 305.933.6716.