

AVENTURA™

A MAGAZINE FOR THE LUXURY LIFESTYLE

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REALPEOPLE



all text by Fran Robbins ■ all photography by Giancarlo

MARK NESTOR, M.D. "MY WORK IS VERY REWARDING."

Dr. Mark Steven Nestor is a world-renowned dermatologist and laser surgeon who practices in South Florida and teaches at UM's School of Medicine. It's easy enough to believe that Dr. Nestor simply treats skin disorders, but his vision of the work goes much further. "A lot of times, patients don't realize that the reason they don't look good is because they're not healthy ... I really enjoy helping people in different ways, making them feel better, healthier, and look better."

Dr. Nestor's parents were in show business, but he himself has always loved science and medicine. "I think I rebelled! I think that's what happened: I really loved medical research and knowledge and patient care."

To that end, he and his associates actively stay on the cutting edge. "The center we have here is one of maybe one or two in the world ... We do all the research on new techniques and we work with all the major organizations to really advance the field." He has lectured extensively all over the world on various aspects of laser treatment and has provided both initial and advanced training to thousands of physicians world-wide.

Some of his most gratifying work deals with tending to children's needs. "They have a different way of looking at life, and certainly skin conditions have a different impact on their lives. It's always different and it's always more challenging."

What type of food best describes your personality? A spicy tuna roll. I think I'm pretty healthy and maybe just a little spicy. That sounds like a nice combination!

How do you celebrate your family? I celebrate my family by being with them. That's where I am now, on vacation with my family. We try to travel as much as possible together and being together, I think, is the best way to celebrate being a family.

If you had the choice to live six months in what is considered the most exotic part of the world, where would that be and why? I travel all over the world and lecture extensively, but I think I am happiest in South Florida. It really is an amazing place with a combination of just about everything somebody could ask for. As much as I travel, I'm happiest in South Florida.